
 Universitas Airlangga	SEMESTER LEARNING PLAN		Prepared by	Examined by	Approved by	Document Registration Number
	SLP		(Person in Charge)	(Head of Bachelor Program / Head of Department)	Vice Dean I	01/S1Kesmas/RPS/2019
	Revision - Date	January 1st, 2019	Ira Nurmala, S.KM., M.PH., Ph.D	Pulung Siswantara, S.KM, M.Kes.	Dr. Santi Martini, dr., M.Kes	
Valid on Semester (odd/even) / Academic Year	Even Semester	(sign)	(sign)	(sign)		
Faculty of Public Health						

- Evaluation of this document is needed every year

A. DETAILS OF COURSE


1. Course Name	Health Education and Promotion
2. Course Code	EDM305
3. Credits (SKS)	2 (two) SKS
4. Semester / Term	II (second)
5. Study Program	Bachelor of Public Health
6. Student Learning Achievement	<ol style="list-style-type: none"> 1. Students have mastery of public health science (Public Health Science Skills) 2. Students conduct a situation analysis and analysis (analytic / assessment) 3. Students have leadership abilities and systems thinking (leadership and systems thinking skills)
7. Course Learning Achievement	<ol style="list-style-type: none"> 1. Students have the ability to apply the science and art of public health with promotive and preventive approaches 2. Students have the ability to conduct studies and analyze public health situations 3. Students have the ability to be leaders and systems thinking
8. Course Description	<p>The Health Promotion and Education course discusses:</p> <ol style="list-style-type: none"> 1. Concept of Healthy Paradigm 2. History of the development of Health Promotion (Ottawa Charter) 3. Basic concepts of Health Promotion (definition, principles & ethics) 4. Three health promotion strategies (enable, advocate, & mediate) 5. Behavioral theories related to Health Promotion 6. Health Promotion Settings.
9. Course Prerequisites (if any)	None
10. Instructor	Ira Nurmala, S.KM., M.PH., Ph.D
11. Teaching Assistants	Oedojo Soedirham.dr, MPH, MA, Ph.D Dr. Rachmat Hargono,dr., MS., MPH

 Universitas Airlangga	SEMESTER LEARNING PLAN		Prepared by	Examined by	Approved by	Document Registration Number
	SLP		(Person in Charge)	(Head of Bachelor Program / Head of Department)	Vice Dean I	01/S1Kesmas/RPS/2019
			Revision - Date	January 1st, 2019	Ira Nurmala, S.KM., M.PH., Ph.D	
Faculty of Public Health	Valid on Semester (odd/even) / Academic Year	Even Semester	(sign)	(sign)	(sign)	

- Evaluation of this document is needed every year


B. TEACHING PROGRAM

Week	Skills expected at the end of each learning phase (Sub-Course Achievement) (C, A, P)	Study Materials	Teaching Methods	Additional Materials for Learning	Meeting Time	Course Objectives	Criteria and Indicator of Evaluation / Measurable Learning Outcome (hard and soft skills)	Mark / Grade / Percentage (%)	Reference Number Ref. (number)
1	2	3	4	5	6	7	8	9	10
1	Students are able to understand the concept of a Healthy Paradigm	1. Lecture contract 2. Understanding Healthy and sick 3. Actualization of the concept of Healthy Paradigm 4. History of the development of Health Promotion (Ottawa Charter etc.)	1. Concept based learning 2. Lecture 3. Presentation	1. LCD 2. Power point 3. Whiteboard	2x50 minutes	Conclude and understand the material being taught	1. Discipline 2. Communication 3. Confidence 4. Cooperation	15%	4, 5
2	Students are able to understand the concept of a Healthy Paradigm	1. Lecture contract 2. Understanding Healthy and sick	1. Concept based learning 2. Lecture 3. Presentation	1. LCD 2. Power point 3. Whiteboard	2x50 minutes	1. Have a discussion 2. Explain the analysis of the	1. Discipline 2. Communication 3. Confidence 4. Cooperation	15%	4, 5

 Universitas Airlangga	SEMESTER LEARNING PLAN		Prepared by	Examined by	Approved by	Document Registration Number
	SLP		(Person in Charge)	(Head of Bachelor Program / Head of Department)	Vice Dean I	01/S1Kesmas/RPS/2019
			Revision - Date	January 1st, 2019	Ira Nurmala, S.KM., M.PH., Ph.D	
Faculty of Public Health	Valid on Semester (odd/even) / Academic Year	Even Semester	(sign)	(sign)	(sign)	


- Evaluation of this document is needed every year

Week	Skills expected at the end of each learning phase (Sub-Course Achievement) (C, A, P)	Study Materials	Teaching Methods	Additional Materials for Learning	Meeting Time	Course Objectives	Criteria and Indicator of Evaluation / Measurable Learning Outcome (hard and soft skills)	Mark / Grade / Percentage (%)	Reference Number Ref. (number)
1	2	3	4	5	6	7	8	9	10
		3. Actualization of the concept of Healthy Paradigm 4. History of the development of Health Promotion (Ottawa Charter etc.)				health promotion strategy			
3	Students are able to understand the concept of a Healthy Paradigm	1. Lecture contract 2. Understanding Healthy and sick 3. Actualization of the concept of Healthy Paradigm 4. History of the development of Health Promotion (Ottawa Charter etc.)	1. Concept based learning 2. Lecture 3. Presentation	1. LCD 2. Power point 3. Whiteboard	2x50 minutes	1. Have a discussion 2. Explain the analysis of the health promotion strategy	1. Discipline 2. Communication 3. Confidence 4. Cooperation	15%	4,5

 Universitas Airlangga	SEMESTER LEARNING PLAN		Prepared by	Examined by	Approved by	Document Registration Number
	SLP		(Person in Charge)	(Head of Bachelor Program / Head of Department)	Vice Dean I	01/S1Kesmas/RPS/2019
			Revision - Date	January 1st, 2019	Ira Nurmala, S.KM., M.PH., Ph.D	
Faculty of Public Health	Valid on Semester (odd/even) / Academic Year	Even Semester	(sign)	(sign)	(sign)	


- Evaluation of this document is needed every year

Week	Skills expected at the end of each learning phase (Sub-Course Achievement) (C, A, P)	Study Materials	Teaching Methods	Additional Materials for Learning	Meeting Time	Course Objectives	Criteria and Indicator of Evaluation / Measurable Learning Outcome (hard and soft skills)	Mark / Grade / Percentage (%)	Reference Number Ref. (number)
1	2	3	4	5	6	7	8	9	10
4	Students are able to understand the basic concepts of Health Promotion	Health Promotion Strategy (enabling, mediate, advocate).	1. Lecture 2. Group discussion	1. LCD 2. Power point 3. Whiteboard	2x50 minutes	1. Have a discussion 2. Explain the analysis of the health promotion strategy	1. Discipline 2. Communication 3. Confidence 4. Cooperation	15%	1, 2, 3, 4
5	Students are able to understand the basic concepts of Health Promotion	Health Promotion Strategy	1. Lecture 2. Group discussion	1. LCD 2. Power point 3. Whiteboard	2x50 minutes	1. Have a discussion 2. Explain the analysis of the health promotion strategy	1. Discipline 2. Communication 3. Confidence 4. Cooperation	15%	1, 2, 3, 4
6	Students are able to understand the basic concepts of Health Promotion	Health Promotion Strategy	1. Lecture 2. Group discussion	1. LCD 2. Power point 3. Whiteboard	2x50 minutes	1. Have a discussion 2. Explain the analysis of the health	1. Discipline 2. Communication 3. Confidence 4. Cooperation	15%	1, 2, 3, 4

 Universitas Airlangga	SEMESTER LEARNING PLAN		Prepared by	Examined by	Approved by	Document Registration Number
	SLP		(Person in Charge)	(Head of Bachelor Program / Head of Department)	Vice Dean I	01/S1Kesmas/RPS/2019
			Revision - Date	January 1st, 2019	Ira Nurmala, S.KM., M.PH., Ph.D	
Faculty of Public Health	Valid on Semester (odd/even) / Academic Year	Even Semester	(sign)	(sign)	(sign)	


- Evaluation of this document is needed every year

Week	Skills expected at the end of each learning phase (Sub-Course Achievement) (C, A, P)	Study Materials	Teaching Methods	Additional Materials for Learning	Meeting Time	Course Objectives	Criteria and Indicator of Evaluation / Measurable Learning Outcome (hard and soft skills)	Mark / Grade / Percentage (%)	Reference Number Ref. (number)
1	2	3	4	5	6	7	8	9	10
						promotion strategy			
7	Students are able to understand the global concept of Health Promotion	Global Movement Promotion program in Indonesia and the world.	1. Lecture 2. Group discussion	1. LCD 2. Power point 3. Whiteboard	2x50 minutes	1. Have a discussion 2. Explain the analysis of the health promotion strategy	1. Discipline 2. Communication 3. Confidence 4. Cooperation	5%	2
MID TERM EXAMINATION									
8	Students are able to understand the Individual Behavior Change Theory	Theory of changes in individual level behavior	1. Lecture 2. Group discussion 3. Presentation	1. LCD 2. Power point 3. Whiteboard	2x50 minutes	1. Have a discussion 2. Explain the analysis of the health promotion strategy	1. Discipline 2. Communication 3. Confidence 4. Cooperation	20%	2

 Universitas Airlangga	SEMESTER LEARNING PLAN		Prepared by	Examined by	Approved by	Document Registration Number
	SLP		(Person in Charge)	(Head of Bachelor Program / Head of Department)	Vice Dean I	01/S1Kesmas/RPS/2019
			Revision - Date	January 1st, 2019	Ira Nurmala, S.KM., M.PH., Ph.D	
Faculty of Public Health	Valid on Semester (odd/even) / Academic Year	Even Semester	(sign)	(sign)	(sign)	


- Evaluation of this document is needed every year

Week	Skills expected at the end of each learning phase (Sub-Course Achievement) (C, A, P)	Study Materials	Teaching Methods	Additional Materials for Learning	Meeting Time	Course Objectives	Criteria and Indicator of Evaluation / Measurable Learning Outcome (hard and soft skills)	Mark / Grade / Percentage (%)	Reference Number Ref. (number)
1	2	3	4	5	6	7	8	9	10
9	Students are able to understand the Individual Behavior Change Theory	Theory of changes in individual level behavior	1. Lecture 2. Group discussion 3. Presentation	1. LCD 2. Power point 3. Whiteboard	2x50 minutes	1. Have a discussion 2. Explain the analysis of the health promotion strategy	1. Discipline 2. Communication 3. Confidence 4. Cooperation	20%	2
10	Students are able to understand Behavior Change Between individuals	Theories of behavior change between individuals	1. Lecture 2. Group discussion	1. LCD 2. Power point 3. Whiteboard	2x50 minutes	1. Have a discussion 2. Explain the analysis of the health promotion strategy	1. Discipline 2. Communication 3. Confidence 4. Cooperation	10%	2
11	Students are able to understand community-level Behavior Change Theory	Theory of behavior change in community level	1. Lecture 2. Group discussion	1. LCD 2. Power point 3. Whiteboard	2x50 minutes	1. Have a discussion 2. Explain the analysis of the health	1. Discipline 2. Communication 3. Confidence 4. Cooperation	20%	2

 Universitas Airlangga	SEMESTER LEARNING PLAN		Prepared by	Examined by	Approved by	Document Registration Number
	SLP		(Person in Charge)	(Head of Bachelor Program / Head of Department)	Vice Dean I	01/S1Kesmas/RPS/2019
			Revision - Date	January 1st, 2019	Ira Nurmala, S.KM., M.PH., Ph.D	
Faculty of Public Health	Valid on Semester (odd/even) / Academic Year	Even Semester	(sign)	(sign)	(sign)	

- Evaluation of this document is needed every year

Week	Skills expected at the end of each learning phase (Sub-Course Achievement) (C, A, P)	Study Materials	Teaching Methods	Additional Materials for Learning	Meeting Time	Course Objectives	Criteria and Indicator of Evaluation / Measurable Learning Outcome (hard and soft skills)	Mark / Grade / Percentage (%)	Reference Number Ref. (number)
1	2	3	4	5	6	7	8	9	10
						promotion strategy			
12	Students are able to understand community-level Behavior Change Theory	Theory of behavior change in community level	1. Lecture 2. Group discussion	1. LCD 2. Power point 3. Whiteboard	2x50 minutes	1. Have a discussion 2. Explain the analysis of the health promotion strategy	1. Discipline 2. Communication 3. Confidence 4. Cooperation	20%	2
13.	Students are able to understand Health Promotion settings	1. Application setting Health Promotion in the community 2. Application settings for Health Promotion in schools and workplaces	1. Lecture 2. Group discussion 3. Presentation	1. LCD 2. Power point 3. Whiteboard	2x50 minutes	1. Have a discussion 2. Explain the analysis of the health promotion strategy	1. Discipline 2. Communication 3. Confidence 4. Cooperation	15%	3


 Universitas Airlangga	SEMESTER LEARNING PLAN		Prepared by	Examined by	Approved by	Document Registration Number
	SLP		(Person in Charge)	(Head of Bachelor Program / Head of Department)	Vice Dean I	01/S1Kesmas/RPS/2019
			Revision - Date	January 1st, 2019	Ira Nurmala, S.KM., M.PH., Ph.D	
Faculty of Public Health	Valid on Semester (odd/even) / Academic Year	Even Semester	(sign)	(sign)	(sign)	

- Evaluation of this document is needed every year

Week	Skills expected at the end of each learning phase (Sub-Course Achievement) (C, A, P)	Study Materials	Teaching Methods	Additional Materials for Learning	Meeting Time	Course Objectives	Criteria and Indicator of Evaluation / Measurable Learning Outcome (hard and soft skills)	Mark / Grade / Percentage (%)	Reference Number Ref. (number)
1	2	3	4	5	6	7	8	9	10
14.	Students are able to understand Health Promotion settings	1. Application setting Health Promotion in the community 2. Application settings for Health Promotion in schools and workplaces	1. Lecture 2. Group discussion 3. Presentation	1. LCD 2. Power point 3. Whiteboard	2x50 minutes	1. Have a discussion 2. Explain the analysis of the health promotion strategy	1. Discipline 2. Communication 3. Confidence 4. Cooperation	15%	3
FINAL TERM EXAMINATION									

C. REQUIRED TEXTS / REFERENCES / ESSENTIAL READINGS

1. Davies, Maggie; Macdowall, Wendy, 2006. *Health Promotion Theory*, Open University Press, England
2. Glanz, Karen; Rimer, Barbara. K; Viswanath K, 2008. *Health Behavior and Health Education (Theory, Research and Practice)*, Josey-Bass, California

 Universitas Airlangga	SEMESTER LEARNING PLAN		Prepared by	Examined by	Approved by	Document Registration Number
	SLP		(Person in Charge)	(Head of Bachelor Program / Head of Department)	Vice Dean I	01/S1Kesmas/RPS/2019
			Revision - Date	January 1st, 2019	Ira Nurmala, S.KM., M.PH., Ph.D	
Faculty of Public Health	Valid on Semester (odd/even) / Academic Year	Even Semester	(sign)	(sign)	(sign)	

- Evaluation of this document is needed every year

3. U.S Department of Health and Human Services, 2005. *Theory at a Glance (A Guide for Health Promotion Practice)*, National Institutes of Health, United States
4. Undang-undang no 36/tahun 2009 tentang Kesehatan
5. WHO, 2009. *Milestone in Health Promotion (Statements from Global Conferences)*, WHO Press, Switzerland