

Type of integrating experience:

Nutritional Status Determination

Description of integrating experience:

The integrating experience is dealing with methods of measuring the nutritional status determination with anthropometric, dietetic, biochemical, and clinical approaches. The students are divided into small groups for conducting each measurement. Case studies are used to train how to identify the clinical symptoms of nutritional problems and to decide on the appropriate method. Students have to do the dietetic calculation for the community based on the food composition data. At the end of each meeting, students present their report.

Core /elective or optional

Elective:

Nutritional Status Determination (NUM404)

Number of SKS credits allocated	Student's workload in hours	Contact work hours	Self-study work hours
2 SKS	90.67	26.67	64

Learning competences / objectives:

On successful completion of this integrating experience students will be able to:

1. Define the nutritional status determining method appropriately
2. Identify the benefits and the drawbacks of each method
3. Apply the appropriate method for different cases
4. Identify the clinical symptoms of nutritional problems
5. Calculate the dietetic food composition for the community

Assessments used:

Assessment consists of two parts:

1. Grading of the presentation (30%)
2. Study cases are used to assess the students' ability to do all measurements appropriately (70%)

Weeks required and place in academic calendar:	Number of weeks	Week number
Campus and Out of campus 02/2020 - 05/2020	16	17-32