
 Universitas Airlangga	SEMESTER LEARNING PLAN		Prepared by	Examined by	Approved by	Document Registration Number
	SLP		(Person in Charge)	(Head of Bachelor Program / Head of Department)	Vice Dean I	01/S1Kesmas/RPS/2019
			Revision - Date	January 1 st , 2019	Nurul Fitriyah, SKM, MPH	
Faculty of Public Health	Valid on Semester (odd/even) / Academic Year	Even Semester	(sign)	(sign)	(sign)	

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A. DETAILS OF COURSE


1. Course Name	Adolescent Reproductive Health
2. Course Code	KMD304
3. Credits (SKS)	2 (two) SKS
4. Semester / Term	VI (sixth)
5. Study Program	Bachelor of Public Health
6. Student Learning Achievement	At the end of the course, students are expected to be able to understand and analyze various theories, factors that influence adolescent reproductive health.
7. Course Learning Achievement	Students can explain the concept of gender
8. Course Description	This course discusses 1. Introduction to Adolescent Health, 2. Adolescent Reproductive Health, 3. Continuation of Adolescent Reproductive Health, 4. Teenage Sexual Behavior, 5. . Teenage unwanted pregnancy, 6. Adolescent pregnancy (unwanted pregnancy teenagers), 7. Adolescent Abortion, 8. Teenagers and Drugs, 9. Teenagers, PMS and HIV / AIDS, 10. Advanced Adolescents, PMS and HIV / AIDS, 11. Early Marriage, 12. Teenagers The Future, 13. Youth Reproductive Health Services
9. Course Prerequisites (if any)	None
10. Instructor	Nurul Fitriyah, SKM, MPH
11. Teaching Assistants	Sigit Ari Saputro, S.KM, M.Kes Yuly Sulistyorini, SKM. M.Kes,

B. TEACHING PROGRAM

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Week	Skills expected at the end of each learning phase (Sub-Course Achievement) (C, A, P)	Study Materials	Teaching Methods	Additional Materials for Learning	Meeting Time	Course Objectives	Criteria and Indicator of Evaluation / Measurable Learning Outcome (hard and soft skills)	Mark / Grade / Percentage (%)	Reference Number Ref. (number)
1	2	3	4	5	6	7	8	9	10
1	Students are able to conduct studies and analysis of adolescent reproductive health	Lecture contract and Introduction to Adolescent Health: 1. Explain the mechanism of lectures, assignments and evaluation of lectures 2. Definition and concept of adolescent health a. Definition of Teenagers b. General description of adolescent characteristics c. Early teens	Lecture, Question and Answer, Discussion, Case Study Assignment	LCD, Whiteboard, Laptop	2x50 minutes		Honesty, responsibility, analytical skills, critical thinking		Book 1,2,3,4

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1	2	3	4	5	6	7	8	9	10
		d. Teens are in the middle e. Teens Continue							
2	Students are able to conduct studies and analysis of adolescent reproductive health	Adolescent Reproductive Health Concepts: 1. Understanding Adolescent Reproductive Health 2. Description of Adolescent Reproductive Health problems	Lecture, Question and Answer, Discussion, Case Study Assignment	LCD, Whiteboard, Laptop	2x50 minutes		Honesty, responsibility, analytical skills, critical thinking		Book 1,2,3,4
3	Students are able to conduct studies and analysis of adolescent reproductive health	Continued from Adolescent Reproductive Health: 1. Factors Influence of Adolescent	Lecture, Question and Answer, Discussion, Case Study Assignment	LCD, Whiteboard, Laptop	2x50 minutes		Honesty, responsibility, analytical skills, critical thinking		Book 1,2,3,4

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1	2	3	4	5	6	7	8	9	10
		Reproductive Health 2. Triggers / Cases							
4	Students are able to conduct studies and analysis of adolescent reproductive health	Teenage Sexual Behavior: 1. Description of adolescent sexual behavior 2. Factors influencing adolescent sexual behavior. 3. Preventive efforts towards deviant sexual behavior in adolescents (free sex, dating rape, etc.)	Lecture, Question and Answer, Discussion, Case Study Assignment	LCD, Whiteboard, Laptop	2x50 minutes		Honesty, responsibility, analytical skills, critical thinking		Book 1,2,3,4

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1	2	3	4	5	6	7	8	9	10
5	Students are able to conduct studies and analysis of adolescent reproductive health	Adolescent pregnancy (adolescent unwanted pregnancy): 1. Pregnancy Process 2. Adolescent and Pregnancy 3. Psychosocial Meaning of adolescent pregnancy	Lecture, Question and Answer, Discussion, Case Study Assignment	LCD, Whiteboard, Laptop	2x50 minutes		Honesty, responsibility, analytical skills, critical thinking		Book 1,2,3,4
6	Students are able to conduct studies and analysis of adolescent reproductive health	Continued Adolescent Pregnancy (adolescent unwanted pregnancy):	Lecture, Question and Answer, Discussion, Case Study Assignment	LCD, Whiteboard, Laptop	2x50 minutes		Honesty, responsibility, analytical skills, critical thinking		Book 1,2,3,4

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1	2	3	4	5	6	7	8	9	10
		1. The Impact of Adolescent Pregnancy 2. Preventive efforts for adolescent pregnancy							
7	Students are able to conduct studies and analysis of adolescent reproductive health	Teenage Abortion: 1. Definition of Abortion 2. Characteristics of abortion behavior in adolescents 3. The impact of abortion on adolescents 4. Prevention of teenage abortion	Lecture, Question and Answer, Discussion, Case Study Assignment	LCD, Whiteboard, Laptop	2x50 minutes		Honesty, responsibility, analytical skills, critical thinking		Book 1,2,3,4
MID TERM EXAMINATION									

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1	2	3	4	5	6	7	8	9	10
8	Students are able to conduct studies and analysis of adolescent reproductive health	Teens and Drugs: 1. Teenagers and promiscuity 2. Narcotics among Teens 3. Promotive and preventive drug efforts among adolescents	Lecture, Question and Answer, Discussion, Case Study Assignment	LCD, Whiteboard, Laptop	2x50 minutes		Honesty, responsibility, analytical skills, critical thinking		Book 1,2,3,4
9	Students are able to conduct studies and analysis of adolescent reproductive health	Teenagers, STDs and HIV / AIDS: 1. Overview of PMS 2. Teenagers, Relationships and STDs 3. HIV / AIDS among teenagers 4. Characteristics of people with STDs	Lecture, Question and Answer, Discussion, Case Study Assignment	LCD, Whiteboard, Laptop	2x50 minutes		Honesty, responsibility, analytical skills, critical thinking		Book 1,2,3,4

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1	2	3	4	5	6	7	8	9	10
		(HIV / AIDS) in adolescents							
10	Students are able to conduct studies and analysis of adolescent reproductive health	Continued from Adolescents, STDs and HIV / AIDS: 1. Supporting Factors of STDs and HIV / AIDS in adolescents 2. Preventive and promotive efforts of PMS 3. HIV / AIDS in adolescents	Lecture, Question and Answer, Discussion, Case Study Assignment	LCD, Whiteboard, Laptop	2x50 minutes		Honesty, responsibility, analytical skills, critical thinking		Book 1,2,3,4
11	Students are able to conduct studies and analysis of adolescent reproductive health	Early-age marriage: 1. Definition of early marriage 2. Characteristics of early marriage perpetrators	Lecture, Question and Answer, Discussion, Case Study Assignment	LCD, Whiteboard, Laptop	2x50 minutes		Honesty, responsibility, analytical skills, critical thinking		Book 1,2,3,4

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1	2	3	4	5	6	7	8	9	10
		3. Factors causing early marriage 4. The impact of early marriage 5. Prevention and promotion of early marriage to adolescents							
12	Students are able to conduct studies and analysis of adolescent reproductive health	Future Youth: 1. Mind mapping yourself in adolescents 2. Teenagers are responsible 3. Future teen challenges (soft skills, technology, etc)	Lecture, Question and Answer, Discussion, Case Study Assignment	LCD, Whiteboard, Laptop	2x50 minutes		Honesty, responsibility, analytical skills, critical thinking		Book 1,2,3,4

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1	2	3	4	5	6	7	8	9	10
13.	Students are able to conduct studies and analysis of adolescent reproductive health	Youth Reproductive Health Services: 1. Adolescent reproductive health services in health centers and hospitals 2. The quality of adolescent reproductive health services	Lecture, Question and Answer, Discussion, Case Study Assignment	LCD, Whiteboard, Laptop	2x50 minutes		Honesty, responsibility, analytical skills, critical thinking		Book 1,2,3,4
14.	Students understand the prevention of disease, disability and death in work safety	Analysis of adolescent reproductive health programs: SWOT of Analysis of adolescent reproductive health programs	Lecture, Question and Answer, Discussion, Case Study Assignment	LCD, Whiteboard, Laptop	2x50 minutes		Honesty, responsibility, analytical skills, critical thinking		Book 1,2,3,4

FINAL TERM EXAMINATION

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C. REQUIRED TEXTS / REFERENCES / ESSENTIAL READINGS

1. Yanti., 2011., Buku Ajar Kesehatan Reproduksi, Yogyakarta : Pustaka Rihana
2. Darvill, Wendy., Kelsey Powell., 2003., The Puberty Book (Panduan untuk Remaja), Jakarta : Gramedia
3. W. Santrock, John., 2003. Adolescence (Perkembangan Remaja), Jakarta : penerbit Erlangga
4. Depkes. R.I., 2009. Pedoman Pelayanan Kesehatan Peduli Remaja di Puskesmas, Direktorat Bina Kesehatan Anak.