
 Universitas Airlangga	SEMESTER LEARNING PLAN		Prepared by	Examined by	Approved by	Document Registration Number
	SLP		(Person in Charge)	(Head of Bachelor Program / Head of Department)	Vice Dean I	01/S1Kesmas/RPS/2019
			Revision - Date	January 1st, 2019	Yuly Sulistyorini, S.KM., M.Kes	
Faculty of Public Health	Valid on Semester (odd/even) / Academic Year	Even Semester	(sign)	(sign)	(sign)	

- Evaluation of this document is needed every year

A. DETAILS OF COURSE


1. Course Name	Elderly Reproductive Health
2. Course Code	KMD314
3. Credits (SKS)	2 (two) SKS
4. Semester / Term	VI (sixth)
5. Study Program	Bachelor of Public Health
6. Student Learning Achievement	<ol style="list-style-type: none"> 1. Able to conduct a situation analysis and analysis (analytic / assesment skills) 2. Able to develop policies and Program Planning (policy development / program planning skills) 3. Have mastery of public health science (public health science skills)
7. Course Learning Achievement	Students are able to understand, explaining various theories and concepts in elderly reproductive health correctly
8. Course Description	Elderly Reproductive Health course discusses 1) The concepts and theories of the elderly, 2) The dynamics of the elderly population, 3) The concept of reproductive health of the elderly, 4) Determinants of the reproductive health of the elderly, 5) The reproductive phase of the elderly (pre menopause and menopause), 6) The reproductive phase elderly (andropause), 7) elderly sexuality, 8) elderly well-being, 9), elderly policies and programs, 10) elderly reproductive health problems and health services and elderly health insurance
9. Course Prerequisites (if any)	None
10. Instructor	Yuly Sulistyorini, S.KM., M.Kes
11. Teaching Assistants	<ol style="list-style-type: none"> 1. Yuly Sulistyorini, S.KM., M.Kes 2. Prof. Kuntoro., dr., MPH., Dr.PH. 3. Nurul Fitriyah, S.KM., M.PH 4. Dr. Lutfi Agus Salim, S.KM., M.Si.

B. TEACHING PROGRAM

 Universitas Airlangga	SEMESTER LEARNING PLAN		Prepared by	Examined by	Approved by	Document Registration Number
	SLP		(Person in Charge)	(Head of Bachelor Program / Head of Department)	Vice Dean I	01/S1Kesmas/RPS/2019
			Revision - Date	January 1 st , 2019	Yuly Sulistyorini, S.KM., M.Kes	
Faculty of Public Health	Valid on Semester (odd/even) / Academic Year	Even Semester	(sign)	(sign)	(sign)	


- Evaluation of this document is needed every year

Week	Skills expected at the end of each learning phase (Sub-Course Achievement) (C, A, P)	Study Materials	Teaching Methods	Additional Materials for Learning	Meeting Time	Course Objectives	Criteria and Indicator of Evaluation / Measurable Learning Outcome (<i>hard and soft skills</i>)	Mark / Grade / Percentage (%)	Reference Number Ref. (number)
1	2	3	4	5	6	7	8	9	10
1	Students can explain the concept of the elderly (C2)	- Course contract - Introduction to Elderly Reproductive Health - Current Issue for elderly and reproductive health issues 1. Definition of the elderly 2. A description of the condition of the elderly in Indonesia and the world 3. A description of the growth of the	Face to face Question and answer Discussion	White Board LCD Teaching materials	2x50 minutes	Listening and taking notes	Completeness and correctness of the explanation of lecture material	5	1, 2

 Universitas Airlangga	SEMESTER LEARNING PLAN		Prepared by	Examined by	Approved by	Document Registration Number
	SLP		(Person in Charge)	(Head of Bachelor Program / Head of Department)	Vice Dean I	01/S1Kesmas/RPS/2019
			Revision - Date	January 1 st , 2019	Yuly Sulistyorini, S.KM., M.Kes	
Faculty of Public Health	Valid on Semester (odd/even) / Academic Year	Even Semester	(sign)	(sign)	(sign)	


- Evaluation of this document is needed every year

Week	Skills expected at the end of each learning phase (Sub-Course Achievement) (C, A, P)	Study Materials	Teaching Methods	Additional Materials for Learning	Meeting Time	Course Objectives	Criteria and Indicator of Evaluation / Measurable Learning Outcome (hard and soft skills)	Mark / Grade / Percentage (%)	Reference Number Ref. (number)
1	2	3	4	5	6	7	8	9	10
		elderly population in Indonesia and the world 4. Issue the problem of the elderly							
2	Students can explain the concepts and theories of the elderly (C2)	Elderly concepts and theories: 1. Various elderly concepts 2. Various theories of the elderly	Face to face Question and answer Discussion	White Board LCD Teaching materials	2x50 minutes	Listening and taking notes	Completeness and correctness of the explanation of lecture material	5	1, 2
3	Students can explain the dynamics of the elderly population (C2)	Composition, Distribution and Population Pyramid 1. A portrait of the elderly based on demographic and health	Face to face Question and answer Discussion	White Board LCD Teaching materials	2x50 minutes	Listening and taking notes	Completeness and correctness of the explanation of lecture material	5	1, 2

 Universitas Airlangga	SEMESTER LEARNING PLAN		Prepared by	Examined by	Approved by	Document Registration Number
	SLP		(Person in Charge)	(Head of Bachelor Program / Head of Department)	Vice Dean I	01/S1Kesmas/RPS/2019
			Revision - Date	January 1st, 2019	Yuly Sulistyorini, S.KM., M.Kes	
Faculty of Public Health	Valid on Semester (odd/even) / Academic Year	Even Semester	(sign)	(sign)	(sign)	


- Evaluation of this document is needed every year

Week	Skills expected at the end of each learning phase (Sub-Course Achievement) (C, A, P)	Study Materials	Teaching Methods	Additional Materials for Learning	Meeting Time	Course Objectives	Criteria and Indicator of Evaluation / Measurable Learning Outcome (hard and soft skills)	Mark / Grade / Percentage (%)	Reference Number Ref. (number)
1	2	3	4	5	6	7	8	9	10
		characteristics in Indonesia 2. Elderly trends: number, characteristics, health conditions							
4	Students can explain the concepts and theories of the elderly, (C2)	Elderly concepts and theories 1. Basic concepts of elderly reproductive health 2. Definition of elderly reproductive health	Face to face Question and answer Discussion	White Board LCD Teaching materials	2x50 minutes	Listening and taking notes	Completeness and correctness of the explanation of lecture material	5	1, 2

 Universitas Airlangga	SEMESTER LEARNING PLAN		Prepared by	Examined by	Approved by	Document Registration Number
	SLP		(Person in Charge)	(Head of Bachelor Program / Head of Department)	Vice Dean I	01/S1Kesmas/RPS/2019
			Revision - Date	January 1st, 2019	Yuly Sulistyorini, S.KM., M.Kes	
Faculty of Public Health	Valid on Semester (odd/even) / Academic Year	Even Semester	(sign)	(sign)	(sign)	


- Evaluation of this document is needed every year

Week	Skills expected at the end of each learning phase (Sub-Course Achievement) (C, A, P)	Study Materials	Teaching Methods	Additional Materials for Learning	Meeting Time	Course Objectives	Criteria and Indicator of Evaluation / Measurable Learning Outcome (hard and soft skills)	Mark / Grade / Percent age (%)	Reference Number Ref. (number)
1	2	3	4	5	6	7	8	9	10
5	Students can explain the economic aspects of the elderly (C2)	The economic aspects of the elderly: 1. Economic factors in the elderly 2. Effect of economic factors on the elderly 3. The relationship of economic aspects to the health of the elderly	Face to face Question and answer Discussion	White Board LCD Teaching materials	2x50 minutes	Listening and taking notes	Completeness and correctness of the explanation of lecture material	5	1, 2
6	Students can explain the social aspects of the elderly (empowerment of the elderly) (C2)	Elderly social aspects (empowerment of the elderly) 1. Social aspects of the elderly	Face to face Question and answer Discussion	White Board LCD Teaching materials	2x50 minutes	Listening and taking notes	Completeness and correctness of the explanation of lecture material	10	1, 2, 3, 4

 Universitas Airlangga	SEMESTER LEARNING PLAN		Prepared by	Examined by	Approved by	Document Registration Number
	SLP		(Person in Charge)	(Head of Bachelor Program / Head of Department)	Vice Dean I	01/S1Kesmas/RPS/2019
			Revision - Date	January 1st, 2019	Yuly Sulistyorini, S.KM., M.Kes	
Faculty of Public Health	Valid on Semester (odd/even) / Academic Year	Even Semester	(sign)	(sign)	(sign)	


- Evaluation of this document is needed every year

Week	Skills expected at the end of each learning phase (Sub-Course Achievement) (C, A, P)	Study Materials	Teaching Methods	Additional Materials for Learning	Meeting Time	Course Objectives	Criteria and Indicator of Evaluation / Measurable Learning Outcome (hard and soft skills)	Mark / Grade / Percentage (%)	Reference Number Ref. (number)
1	2	3	4	5	6	7	8	9	10
		2. The influence of social aspects on the empowerment of the elderly							
7	Students can explain the health aspects of the elderly (C2)	Elderly health aspects 1. Overview of health status in the elderly 2. Effects of elderly health on elderly life 3. Efforts to maintain health in the elderly	Face to face Question and answer Discussion	White Board LCD Teaching materials	2x50 minutes		Completeness and correctness of the explanation of lecture material	5	1, 2, 3, 4
MID TERM EXAMINATION									
8	Students can explain the reproductive health of the	The reproductive health of the elderly	Face to face Question and answer	White Board	2x50 minutes	Listening and taking notes	Completeness and correctness	5	1, 2, 3, 4

 Universitas Airlangga	SEMESTER LEARNING PLAN		Prepared by	Examined by	Approved by	Document Registration Number
	SLP		(Person in Charge)	(Head of Bachelor Program / Head of Department)	Vice Dean I	01/S1Kesmas/RPS/2019
			Revision - Date	January 1st, 2019	Yuly Sulistyorini, S.KM., M.Kes	
Faculty of Public Health	Valid on Semester (odd/even) / Academic Year	Even Semester	(sign)	(sign)	(sign)	


- Evaluation of this document is needed every year

Week	Skills expected at the end of each learning phase (Sub-Course Achievement) (C, A, P)	Study Materials	Teaching Methods	Additional Materials for Learning	Meeting Time	Course Objectives	Criteria and Indicator of Evaluation / Measurable Learning Outcome (hard and soft skills)	Mark / Grade / Percentage (%)	Reference Number Ref. (number)
1	2	3	4	5	6	7	8	9	10
	elderly and the factors that influence it (C2)	and the factors that influence it 1. Factors of reproductive health in the elderly 2. Determinants of the elderly reproductive health theory 3. Efforts to maintain the reproductive health of the elderly	Discussion	LCD Teaching materials			of the explanation of lecture material		
9	Students can explain about pre-menopause and menopause (C2)	Pre-menopause and Menopause	Face to face Question and answer Discussion	White Board LCD	2x50 minutes	Listening and taking notes	Completeness and correctness of the explanation	10	1, 2, 3, 4

 Universitas Airlangga	SEMESTER LEARNING PLAN		Prepared by	Examined by	Approved by	Document Registration Number
	SLP		(Person in Charge)	(Head of Bachelor Program / Head of Department)	Vice Dean I	01/S1Kesmas/RPS/2019
			Revision - Date	January 1 st , 2019	Yuly Sulistyorini, S.KM., M.Kes	
Faculty of Public Health	Valid on Semester (odd/even) / Academic Year	Even Semester	(sign)	(sign)	(sign)	


- Evaluation of this document is needed every year

Week	Skills expected at the end of each learning phase (Sub-Course Achievement) (C, A, P)	Study Materials	Teaching Methods	Additional Materials for Learning	Meeting Time	Course Objectives	Criteria and Indicator of Evaluation / Measurable Learning Outcome (hard and soft skills)	Mark / Grade / Percentage (%)	Reference Number Ref. (number)
1	2	3	4	5	6	7	8	9	10
		1. Definition of Pre-menopause and Menopause 2. Factors that influence the occurrence of menopause		Teaching materials			of lecture material		
10	Students can explain about andropause (C2)	Andropause 1. Definition of andropause 2. Factors that influence andropause	Face to face Question and answer Discussion	White Board LCD Teaching materials	2x50 minutes	Listening and taking notes	Completeness and correctness of the explanation of lecture material	5	5
11	Students can explain about elderly sexuality (C2)	Elderly sexuality 1. Definition of elderly sexuality 2. Determinants of elderly sexuality	Face to face Question and answer Discussion	White Board LCD Teaching materials	2x50 minutes	Listening and taking notes	Completeness and correctness of the explanation of lecture material	10	1, 2

 Universitas Airlangga	SEMESTER LEARNING PLAN		Prepared by	Examined by	Approved by	Document Registration Number
	SLP		(Person in Charge)	(Head of Bachelor Program / Head of Department)	Vice Dean I	01/S1Kesmas/RPS/2019
			Revision - Date	January 1st, 2019	Yuly Sulistyorini, S.KM., M.Kes	
Faculty of Public Health	Valid on Semester (odd/even) / Academic Year	Even Semester	(sign)	(sign)	(sign)	


- Evaluation of this document is needed every year

Week	Skills expected at the end of each learning phase (Sub-Course Achievement) (C, A, P)	Study Materials	Teaching Methods	Additional Materials for Learning	Meeting Time	Course Objectives	Criteria and Indicator of Evaluation / Measurable Learning Outcome (hard and soft skills)	Mark / Grade / Percentage (%)	Reference Number Ref. (number)
1	2	3	4	5	6	7	8	9	10
		3. Relationship of elderly sexuality and elderly health							
12	Students can explain various policies and programs for the elderly (social aspects) (C2)	Elderly Policies and Programs (Social aspects) 1. Kinds of government policy on the elderly (social aspects) 2. Kinds of elderly programs (social aspects) 3. Implementation of various policies and programs of the elderly	Face to face Question and answer Discussion	White Board LCD Teaching materials	2x50 minutes	Listening and taking notes	Completeness and correctness of the explanation of lecture material	10	1, 2

 Universitas Airlangga	SEMESTER LEARNING PLAN		Prepared by	Examined by	Approved by	Document Registration Number
	SLP		(Person in Charge)	(Head of Bachelor Program / Head of Department)	Vice Dean I	01/S1Kesmas/RPS/2019
			Revision - Date	January 1st, 2019	Yuly Sulistyorini, S.KM., M.Kes	
Faculty of Public Health	Valid on Semester (odd/even) / Academic Year	Even Semester	(sign)	(sign)	(sign)	

- Evaluation of this document is needed every year

Week	Skills expected at the end of each learning phase (Sub-Course Achievement) (C, A, P)	Study Materials	Teaching Methods	Additional Materials for Learning	Meeting Time	Course Objectives	Criteria and Indicator of Evaluation / Measurable Learning Outcome (hard and soft skills)	Mark / Grade / Percentage (%)	Reference Number Ref. (number)
1	2	3	4	5	6	7	8	9	10
13.	Students can explain the policies and programs of the elderly (health aspects) (C2)	Elderly Policies and Programs (Health aspects) 1. Kinds of government policies regarding the elderly (health aspects) 2. Kinds of elderly programs (health aspects) 3. Implementation of various policies and programs of the elderly	Face to face Question and answer Discussion	White Board LCD Teaching materials	2x50 minutes	Listening and taking notes	Completeness and correctness of the explanation of lecture material	10	1, 2
14.	Students can explain the current issues of the elderly (C2)	Current issues of the elderly	Face to face Question and answer Discussion	White Board LCD	2x50 minutes	Listening and taking notes	Completeness and correctness of the explanation	10	1, 2


 Universitas Airlangga	SEMESTER LEARNING PLAN		Prepared by	Examined by	Approved by	Document Registration Number
	SLP		(Person in Charge)	(Head of Bachelor Program / Head of Department)	Vice Dean I	01/S1Kesmas/RPS/2019
			Revision - Date	January 1 st , 2019	Yuly Sulistyorini, S.KM., M.Kes	
Faculty of Public Health	Valid on Semester (odd/even) / Academic Year	Even Semester	(sign)	(sign)	(sign)	

- Evaluation of this document is needed every year

Week	Skills expected at the end of each learning phase (Sub-Course Achievement) (C, A, P)	Study Materials	Teaching Methods	Additional Materials for Learning	Meeting Time	Course Objectives	Criteria and Indicator of Evaluation / Measurable Learning Outcome (<i>hard and soft skills</i>)	Mark / Grade / Percent age (%)	Reference Number Ref. (number)
1	2	3	4	5	6	7	8	9	10
		1. Various current elderly problems 2. Various problems of reproductive health of the elderly at this time 3. Current and ongoing efforts.		Teaching materials			of lecture material		
FINAL TERM EXAMINATION									

C. REQUIRED TEXTS / REFERENCES / ESSENTIAL READINGS

1. Ida Bagus Mantra, 2013. Demografi Umum. Pustaka Pelajar, Yogyakarta.
2. Depkes R.I., 2000, Pedoman Pembinaan Usia Lanjut Bagi Petugas Kesehatan I Kebijakan Program. Dapkes R.I., Jakarta
3. Depkes R.I., 2015, Pedoman Posyandu Lanjut Usia. Depkes R.I., Jakarta

 Universitas Airlangga	SEMESTER LEARNING PLAN		Prepared by	Examined by	Approved by	Document Registration Number
	SLP		(Person in Charge)	(Head of Bachelor Program / Head of Department)	Vice Dean I	01/S1Kesmas/RPS/2019
			Revision - Date	January 1 st , 2019	Yuly Sulistyorini, S.KM., M.Kes	
Faculty of Public Health	Valid on Semester (odd/even) / Academic Year	Even Semester	(sign)	(sign)	(sign)	

- Evaluation of this document is needed every year

4. Komisi Nasional Lanjut Usia, 2010, Pedoman Pelaksanaan Posyandu Lanjut Usia, Jakarta
5. Mc Dowell, Ian., 2006, Measuring Health : A Guide to Rating Scales and Questionnaires. Third Edition. Oxford University Press, New York
6. WHO, 2002, Active Ageing In Policy Framework, 2002, Noncommunicable and Mental Health Cluster, Spanyol