

Title of Module:

Health Promotion

Coordinator(s) / organiser(s):

Muji Sulistyowati, S.KM., M.Kes. (Module Leader)

Teaching Faculty

Title	Name	Qualifications*	Hours contributed
Mrs.	Muji Sulistyowati	S.KM., M.Kes.	20.72
Dr.	Mohammad Zainal Fatah	Drs., M.S., M.Kes.	16.72
Dr.	Rachmat Hargono	dr., MSc., Dr.	20.87
Dr.	Sri Widati	S.Sos., M.Si.	20.72
Dr.	Ira Nurmala	S.KM., M.PH., Ph.D.	16.72
Dr.	Oedojo Soedirham	dr., M.PH., M.A., Ph.D.	20.86
Mrs.	Muthmainnah	S.KM., M.Kes.	16.72

* PhD, Master, 20 years service(in practice) etc. Only provide details for faculty responsible for 25% or more of course load.

Core /elective or optional:

Core:

Health Education and Promotion (EDM305)

Elective:

Indicators and Measurements in Health Promotion (MNS312)

Health Promotion Program (MNS313)

Health Promotion in Institutions (Integrating Experience see section 7)

Number of SKS credits allocated	Student's workload in hours	Contact work hours*	Self-study work hours
10 SKS	453.33	133.33	320

* includes lectures, seminars, face-to-face, assessments

Learning competences / objectives

On successful completion of this module students will be able to:

1. Define the types of health promotion indicators
2. Define and interpret the concept of knowledge, attitude, and practice
3. Define the perception, motivation and self efficacy and their indicators
4. Define the health promoting policy and program
5. Define the theory of mapping intervention and analyze the health program based on it
6. Define the Dignan theory and analyze the health program based on it

Syllabus content. Brief overview of syllabus using bullet points.

Health Education and Promotion:

- The concept of health paradigm

- History of health development (Ottawa Charter)
- Basic, strategies, and settings of health promotion

Indicators and Measurements in Health Promotion:

- Definition of health and types of health promotion indicators
- Definition of knowledge, attitude, and practice and their assessment
- Definition of perception, motivation, self efficacy and their indicators

Health Promotion Program:

- Interpretation of health promotion and its policy
- Theory of mapping intervention
- Theory of Dignan

Module level timetable - indicate the timing of the teaching sessions from the previous and upcoming teaching year:

Health Education and Promotion: 07.00-09.00 a.m., Wednesday, 2nd semester

Indicators and Measurements in Health Promotion: 6th semester

Health Promotion Program: 6th semester

Pedagogic/teaching methodology:

Scheduled learning includes lectures, discussions about the actual real life cases, and seminars in groups for applying problem solving techniques to solve real life issues which are given by lecturer. During lecture in the classroom, the lecturer gives the didactic question to the students.

Lecturer presents the teaching materials with LCD and whiteboard. The students are divided into small groups. Each group has to discuss the topic determined by the lecturer and present the results to the class.

Independent learning includes hours engaged with essential reading, assignment preparation and completion and self-directed study. Students are provided with access to essential and supplementary learning via email or e-learning (AULA) and whiteboard.

Assessments used:

There are three types of examination:

1. Middle examination (40%)
2. Final examination (40%)
3. Structured assignment (20%)

Each examination takes 100 minutes includes essays. The examination assesses the students' knowledge and understanding and all learning outcomes of the module. Structured assignment is given by writing a paper and develop the media about spesific project then the students present it.

Weeks required and place in academic calendar:	Number of weeks	Week number
Health Education and Promotion Wednesday, 07.00-09.00 a.m. Weeks beginning 14/02/2018 – 30/05/2018	16	17-32

Indicators and Measurements in Health Promotion Weeks beginning 02/2020 - 05/2020	16	17-32
Health Promotion Program Weeks beginning 02/2020 - 05/2020	16	17-32