
 Universitas Airlangga	SEMESTER LEARNING PLAN		Prepared by	Examined by	Approved by	Document Registration Number
	SLP		(Person in Charge)	(Head of Bachelor Program / Head of Department)	Vice Dean I	01/S1Kesmas/RPS/2019
			Revision - Date	January 1 st , 2019	Lailatul Muniroh SKM, M.Kes	
Faculty of Public Health	Valid on Semester (odd/even) / Academic Year	Odd Semester 2019/2020	(sign)	(sign)	(sign)	

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A. DETAILS OF COURSE


1. Course Name	Nutritional Anthropology
2. Course Code	SOK103
3. Credits (SKS)	2 (two) SKS
4. Semester / Term	VII (seventh)
5. Study Program	Bachelor of Public Health
6. Student Learning Achievement	At the end of the course, students will be able to design nutrition education using methods with media according to target characteristics
7. Course Learning Achievement	After participating in this study, students are able to explain anthropological theories and concepts in community nutrition and human nutrition, as well as socio-cultural factors related to consumption
8. Course Description	Learning of Anthropology Nutrition Lecture discusses: Introduction to nutritional anthropology, food system development, food habits, food preferences, ethnicity and eating habits, geographic dimensions of food and consumption, food ideology system, adaptation behavior to food fulfillment and nutrition, socio-cultural aspects during pregnancy, breastfeeding, infants, children, food ethnography, anthropological nutrition study methods, food consumption: data collection, analysis and interpretation.
9. Course Prerequisites (if any)	None
10. Instructor	Lailatul Muniroh SKM, M.Kes
11. Teaching Assistants	1. Lailatul Muniroh SKM, M.Kes 2. Dr. Annis Catur Adi, Ir, M.Si 3. Triska Susila Nindya, SKM, MPH (Nutr) 4. Mahmud Aditya Rifky. S.Gz., M.Si

B. TEACHING PROGRAM

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1	2	3	4	5	6	7	8	9	10
1	C2 (Comprehension): Students are able to explain the scope of anthropological nutrition	<ul style="list-style-type: none"> • Lecture Contract • Introduction to Nutrition Anthropology • Scope of Nutrition Anthropology 	Lectures Discussions	LCD Computer	2x50 minutes	Gain understanding related to the scope of nutritional anthropology	Able to understand the scope of nutritional anthropology The ability to think critically		1
2	C2 (Comprehension): Students are able to explain the development of food systems	<ul style="list-style-type: none"> • Development of the Food System • The human phase is getting food • Patterns in nutrition transition 	Lectures Discussions	LCD Computer	2x50 minutes	Students attend question and answer lectures and class discussions about the development of the food system	Able to understand the development of food systems The ability to think critically		1,2
3	C2 (Comprehension): Students are able to explain eating habits (Food habits)	<ul style="list-style-type: none"> • Concept of eating habits 	Lectures Discussions	LCD Computer	2x50 minutes	Students attend question and answer lectures and	Able to understand eating habits		2

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1	2	3	4	5	6	7	8	9	10
		<ul style="list-style-type: none"> • Factors affecting eating habits • The function of food in various perspectives 				class discussions about eating habits	think critically		
4	<p>C2 (Comprehension): Students are able to explain food selection (food preference)</p> <p>C4 (Analysis): Students are able to analyze food preference examples</p> <p>A3 (Appreciate): Students are able to communicate well, express opinions, and be active in group discussions</p>	<ul style="list-style-type: none"> • Food selection concept (Food Preference) • Factors affecting food selection • Group discussions and assignments 	Lectures Discussions	LCD Computer	2x50 minutes	Students get question and answer lectures and class discussions about food preferences	<p>Able to understand food selection</p> <p>critical thinking and communication</p>		3,4

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1	2	3	4	5	6	7	8	9	10
5	<p>C2 (Comprehension): Students are able to explain ethnicity and eating habits</p> <p>C4 (Analysis): Students are able to analyze ethnicity and eating habits</p> <p>A3 (Appreciate): Students are able to communicate well, express opinions, and be active in group discussions</p>	<ul style="list-style-type: none"> • Ethnic concepts and eating habits • Group discussions and assignments 	Lectures Discussions	LCD Computer	2x50 minutes	Students get question and answer lectures and class discussions about ethnicity and eating habits	<p>Able to understand ethnicity and eating habits</p> <p>critical thinking and communication</p>		3,4
6	<p>C2 (Comprehension): Students are able to explain the geographical dimensions of food and consumption</p>	<ul style="list-style-type: none"> • Geographic dimensions of food and consumption 	Lectures Discussions	LCD Computer	2x50 minutes	Students attend question and answer lectures and class discussions about the geographical	<p>Able to understand the geographical dimensions of food and consumption</p>		1,2

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1	2	3	4	5	6	7	8	9	10
						dimensions of food and consumption	The ability to think critically		
7	<p>C5 (Evaluation): Students are able to review food systems, food habits and preferences</p> <p>A3 (Appreciate): Students are able to communicate well, express opinions, and be active in discussion forums</p> <p>P3 (Precision): Students are able to make and convey the process of food system analysis, food habits and preferences</p>	Presentation of food system tasks, food habits and preferences	Lectures Discussions	LCD Computer	2x50 minutes	Students are able to discuss and present about food system assignments, food habits and preferences	Communication, cooperation		6,7

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1	2	3	4	5	6	7	8	9	10
MID TERM EXAMINATION									
8	C2 (Comprehension): Students are able to explain the food ideology system	<ul style="list-style-type: none"> The concept of food ideology system 	Lectures Discussions	LCD Computer	2x50 minutes	Students get question and answer lectures and class discussions about the concept of food ideology system	<ul style="list-style-type: none"> Able to understand the concept of food ideology system The ability to think critically 		2
9	C2 (Comprehension): Students are able to explain adaptation behavior to the fulfillment of food and nutrition	<ul style="list-style-type: none"> Adaptation behavior towards the fulfillment of food and nutrition 	Lectures Discussions	LCD Computer	2x50 minutes	Students get question and answer lectures and class discussions about Behavior adaptation to the fulfillment of food and nutrition	<ul style="list-style-type: none"> Able to understand adaptation behavior towards the fulfillment of food and nutrition 		3

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1	2	3	4	5	6	7	8	9	10
							Complex thinking skills, critical thinking and communication		
10	<p>C2 (Comprehension): Students are able to explain the sociocultural aspects</p> <p>C4 (Analysis): Students are able to analyze food preference examples</p> <p>A3 (Appreciate): Students are able to communicate well, express opinions, and be active in group discussions</p>	<ul style="list-style-type: none"> • Understand the concept of sociocultural aspects in pregnancy, breastfeeding, infants and children • Group discussions and assignments 	Lectures Discussions	LCD Computer	2x50 minutes	Students get question and answer lectures and class discussions about explaining the sociocultural aspects	<p>Able to sociocultural aspects</p> <p>critical thinking and communication</p>		3, 4

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1	2	3	4	5	6	7	8	9	10
11	<p>C5 (Evaluation): Students are able to review the food ideology system, adaptation behavior to the fulfillment of food and nutrition, socio-cultural aspects</p> <p>A3 (Appreciate): Students are able to communicate well, express opinions, and be active in discussion forums</p> <p>P3 (Precision): Students are able to create and convey food ideology systems, adaptation behaviors to the fulfillment</p>	Presentation of tasks on food ideology system, adaptation behavior towards fulfillment of food and nutrition, socio-cultural aspects	Lectures Discussions	LCD Computer	2x50 minutes	Students are able to discuss and present about the task of the food ideology system, adaptation behavior towards the fulfillment of food and nutrition, socio-cultural aspects	Communication, cooperation		1, 2, 3, 4

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1	2	3	4	5	6	7	8	9	10
	of food and nutrition, socio-cultural aspects								
12	C2 (Comprehension): Students are able to explain ethnographic food	• The concept of food ethnography	Lectures Discussions	LCD Computer	2x50 minutes	Students get question and answer lectures and class discussions about food ethnography	Able to understand food ethnography The ability to think critically		1
13.	C2 (Comprehension): Students are able to explain anthropological nutrition study methods	• Anthropological nutrition study methods	Lectures Discussions	LCD Computer	2x50 minutes	Students get question and answer lectures and class discussions about the anthropological study methods of consumer nutrition,	Able to understand the anthropological study methods of consumer nutrition, The ability to think critically		1,2
14.	C2 (Comprehension): Students are able to explain	• Data collection • Analysis	Lectures Discussions	LCD Computer	2x50 minutes	Students get question and	Able to understand food		1, 2


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	about food consumption: data collection, analysis, interpretation	• Interpretation of data				answer lectures and class discussions about food consumption: data collection, analysis, interpretation	consumption: data collection, analysis, interpretation Ability to think critically		
FINAL TERM EXAMINATION									

C. REQUIRED TEXTS / REFERENCES / ESSENTIAL READINGS

1. Darna L, Dufour H. Goodman, Pelto, GH. 2012. Nutrition Anthropology, Biocultural Perspectives on Food and Nutrition. Oxford University Press.
2. Sanjur, Diva. 1982. Social and Cultural Perspective in Nutrition. Prentice Hall Inc., Englewood Cliffs, NJ.
3. Surardjo. 1989. Socio Budaya Gizi. Bogor: Insitut Pertanian Bogor.
4. Pelto GH, PJ Pelto, E Messer(editors). 1989. Research Methodes in Nutritional Anthropology. Tokyo: United Nations University Press.

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